

MORE Topics . . .

Depression

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Facts About Tobacco

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Verbal and Mental Abuse

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Suicidal Thoughts

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Cheating



Who Uses Paper Interventions?

- * Parents and Other Caregivers
 - * Teachers
 - * Teens
- * Counselors
 - * Clergy
- * Friends and Relatives
 - * Employers
- * Medical Professionals

We welcome your feedback on the Paper Interventions and ideas for future topics.



For More Information or to Request a Paper Intervention

Call HopeWorks at (860) 561-1175, ext. 703, email us at hopeworks@snet.net, or check our website at www.hopeworkscentral.org

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Contributions to HopeWorks

We rely on the generosity of people like you in order to continue offering our services. **All contributions** are very gratefully accepted.

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Workbook 1.1

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Using a Paper Intervention

Informative brochures created to assist young people, families and communities with issues facing teens and families.



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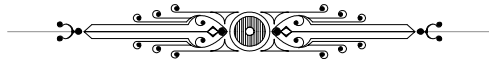
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Providing hope and help to young people and their families through counseling and education



There are many people in our community who help others in times of confusion and difficulty. Sometimes they need additional information to be comfortable bringing up a sensitive topic in a helpful way.

The Paper Interventions were created to put mental health and other useful information into the hands of caregivers of all ages.



These brochures are designed to be shared, person to person, in a discussion in which mutual respect is the foundation.

*To **intervene** means to thoughtfully interrupt an unconscious and/or habitual process with the light of awareness.*



Paper Interventions



Provide information and guidance to caregivers on topics affecting young people and families.



Provide an opening for discussion.



Identify resources for help and healing.



A Sampling of Topics

The Need to Belong



Facts About Marijuana



Defining Success



Talking About Sex



Coping with Stress



Listening to Depression



Anger and Rage



Experiencing Grief & Loss



Children in Legal Trouble



Facts About Alcohol



Date Rape



Technology Addiction



Attitude is Everything



The Spiritual Solar System