

## Client Responsibilities



We want to work with you.  
Please come prepared to  
discuss your concerns.



Be on time.



Counseling works only when  
you work. The process begins at  
our meetings and you  
take it from there.



Since we do not charge a fee for  
counseling, we ask you to  
continue the circle of giving  
by contributing money  
to HopeWorks or  
providing community service  
to a nonprofit  
of your choice.



## Cancellation Policy

No shows waste valuable  
time. If you must cancel,  
please give at least  
**24 hours** notice.  
Other people are waiting to  
work with our counselors.

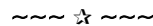
Everyone is important.

Use this brochure to talk  
about your concerns.



## For Help

Call HopeWorks at  
(860) 561-1175, ext. 705  
or email us at  
hopeworkscentral@snet.net.  
- or -  
American Counseling Assn.  
www.counseling.org



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Inventory #PI:CC-ECNS Workbook #1.2 3/10/2005

# What to Expect from Counseling

*As long as we can feel hope,  
there is hope.*

Harriet Godhor Learner, Ph.D.  
Psychologist and Author



90 North Main Street  
West Hartford, CT 06107  
(860) 561-1175  
Email: hopeworks@snet.net  
www.hopeworkscentral.org



*Providing hope and help to  
young people and their  
families through  
counseling and education*



## What to Expect

When you come for counseling, know that:

- ☹ Meetings with **HopeWorks'** counselors do not become part of your school records.
- ☹ We need to know where you are now to help you get to where you would like to be.
- ☹ You are the expert on your life.
- ☹ Our meetings focus on what is important to you.
- ☹ Our meetings are confidential.\*



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\* Confidentiality may be broken only if your counselor is concerned that you or someone else is not safe. We will discuss it with you if confidentiality must be broken.

## Our Services

### Individual and Family Counseling

In our offices at 90 North Main Street in West Hartford



### In-School Counseling

Our professional counselors can meet with you during your free periods



### Drug and Alcohol Education and Assessment

We educate and help determine the extent of drug involvement and recommend appropriate treatment



### Exploring Soul Purpose (ESP)

We offer a four-session process of self-discovery



### Referrals

We provide local resource options as needed

## Our Counseling Offers You

### ALTERNATIVES



Someone who will listen



Mutual respect



Questions that you may not have asked yourself



New perspective on your strengths



Opportunities to grow



A focus on solutions



**HOPE**