

## Ask Yourself

☆ *What do I love to do?*

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☆ *What energizes me?*

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☆ *If I were to wake up tomorrow in the life of my dreams, what would I be doing?*

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*The scariest thing is not knowing who you are.*

Value yourself as mind, body and spirit.

☆ *What is important to me?*

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### For More Information

Call HopeWorks at  
(860) 561-1175, ext. 703 or email us  
at [hopeworks@snet.net](mailto:hopeworks@snet.net).

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### Contributions to HopeWorks

We rely on the generosity of people like you in order to continue offering our services.

**All contributions**  
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Workbook #1.4

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# Defining Success for Yourself

*Success results when preparation  
meets opportunity.*  
Joseph Wirthlin



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*Providing hope and help to  
young people and their  
families through  
counseling and education*



# Defining Success for Yourself is Exciting!

It is important to know who you are.

You are the best person to define success for yourself.

Others may appear to be successful - but are they?

Our culture seems to define success as good looks, academic excellence, popularity, athleticism, and being rich.

If you spend your life pursuing external success, you may ultimately end up feeling that you wasted your life.

*Joy is not in things; it is in us.*  
Richard Wagner



## Discover Where Your True Fulfillment Lies By:

- ☆ Writing about it
- ☆ Answering the questions in this brochure
- ☆ Getting help if you need it

## Ask Yourself

☆ *What is emotional success?*

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☆ *What is social success?*

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☆ *What is financial success?*

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☆ *What is professional success?*

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☆ *What is spiritual success?*

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**True Success** is not an end point - it is both an **attitude** and a **process** that takes a lifetime.

☆ *What are my gifts and talents?*

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☆ *Where are my gifts most needed in the world?*

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