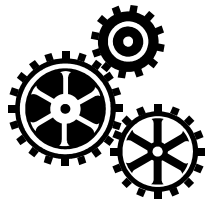


Exploring Soul Purpose™

Asks young people to identify and explore what they love to do.

Helps clear away confusion between the clamor of the culture and the call of the true self.

Provides young adults with the opportunity to ignite their inner spark.



Use this brochure to talk with others about the Exploring Soul Purpose™ program

The supreme accomplishment is to blur the line between work and play.

Arnold Toynbee



For More Information

Call Cruger Phillips at HopeWorks,
(860) 561-1175, ext. 0
or email her at
hopeworks@snet.net

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### Contributions to HopeWorks

We rely on the generosity of people like you in order to continue offering our services. **All contributions** are very gratefully accepted.

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Inventory #PI:SL-ESP

Workbook # 6.1

3/10/2005

## Exploring Soul Purpose™

*Affirm continuously to yourself: I am in the **right** place, at the **right** time, for the **right** purpose.*

Ursula Roberts, Poet, Writer & Political Activist



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*Providing hope and help to young people and their families through counseling and education*

# Exploring Soul Purpose™ (ESP)

Some people feel directionless and unhappy. Feeling lost can grow into a crisis of meaning that must be addressed. In response we created the Exploring Soul Purpose program.

In order to feel alive we all need to discover a personal purpose, the right mountain to climb. ESP helps young people understand who they are.

Utilizing a variety of questions and assessment tools, young people come to know themselves better. They learn to envision themselves in a productive life that is aligned with their unique talents and interests.



## ESP Tools

Personal Interviews



Howard Gardner's  
9 Intelligences



Learning Style Inventory



Jungian

Temperament Test



The Enneagram



Development of a Personal  
Mission Statement

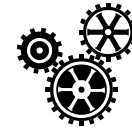


Dream and Journal Writing



The time commitment:

4 - 6 hours



## Results

Exploring Soul Purpose™ (ESP) supports young people as they learn to listen to themselves in a new way. Their own patterns of purpose and interests become clear to them.

The ESP program offers this experience to young people interested in getting in touch with their personal calling. They learn to pay attention to the wisdom within themselves, thus finding the confidence to pursue lives that are meaningful to them.

*With their permission, we include participants' parents in a summary of their discoveries.*